

SENIOR'S SAFETY

Takes More Than One Shape!

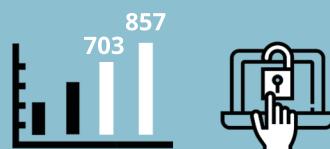


URBAN SAFETY

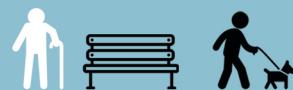
DID YOU KNOW THAT?



In 2016, the **MOST COMMON CRIMES** committed against seniors were:
Assault, Threat/Extortion, Robbery¹.



The same year saw an **INCREASE IN THE NUMBER OF FRAUDS** whose victims were seniors (857 vs. 703 in 2015)².



Nearly **60% OF MONTREAL SENIORS** feel uneasy walking alone in the evening in a park³.

OUR DEMANDS

- ✓ Increase the resources allocated to urban safety organizations.
- ✓ Make parks safer:
 - ✓ Improved lighting in parks + street furniture + public toilets
 - ✓ Increased police presence and animation in parks
- ✓ Develop innovative projects in the field of public safety in partnership with the community and institutional setting (e.g., IPAM).

FOOD SECURITY

DID YOU KNOW THAT?



30% OF SENIORS

living at home have moderate or severe functional disabilities that make it difficult to perform daily activities including food supply, meal preparation, and nutrition⁴.

Despite the existence of many

EMERGENCY FOOD SERVICES

it is not always easy for seniors to make use of them. The main causes for this are:

- ✓ Distance
- ✓ Incomplete coverage of the public transit system
- ✓ Public transit fees
- ✓ Winter conditions that make travelling difficult

DO FOOD DESERTS EXIST IN MONTREAL?



"For 40% of Montrealers the availability of fresh fruits and vegetables within walking distance is zero or very low"⁶, and this happens everywhere on the island of Montreal.

OUR DEMANDS

- ✓ Consolidate the supply of services of food banks:
 - ✓ Adequately fund organizations providing this service
 - ✓ Respond to the urgent need for emergency food delivery
- ✓ Consolidate the meals on wheels service throughout the whole island:
 - ✓ Properly fund organizations offering this service

In short, the City of Montréal must show leadership to eradicate the food deserts on its territory!





In preparation for the renewal
**PUBLIC
CONSULTATIONS**
of the City of Montréal's
AFM plan

The City of Montréal is currently consulting the population on its 2018-2020 Municipal Action Plan for Seniors. It is possible to fill out a short survey about the city's priorities until March 15 2018.



makingmtl.ca/seniors



(438) 320-1298

It is also possible to register to participate in one of the four consultation meetings open to the population.



Wednesday, February 21, 2018

10 am to 1:30 pm

Intergenerational Community Centre (ICC)
999 McEachran Avenue (Outremont)



Friday, February 23, 2018

10 am to 1:30 pm

St. Laurent Recreation Centre
1375 Grenet Street (Saint-Laurent)



Monday, February 26, 2018

2 pm to 4 pm

Cummings Centre at 5700 Westbury Avenue
Registration: (514) 342-1234, extension 7365



Tuesday, February 27, 2018

10 am to 1:30 pm

Centre Jean-Claude-Malépart
2633 Ontario Street East (Ville-Marie)



Wednesday, February 28, 2018

10 am to 1:30 pm

Library of Saint-Léonard
8420 Lacordaire Boulevard (Saint-Léonard)



Wednesday, March 7, 2018

10 am to 1:30 pm

Pierrefonds Cultural Centre
13850 Gouin Boulevard West

WHO WE ARE?

The Montréal Steering Committee on Seniors (MSCS) was founded in 2000 and is composed of 113 members. Our mission is to offer Montréal's senior organizations a place to work jointly in order to improve the quality of life of senior citizens while building solidarity with people of all ages.

OUR **MAIN OBJECTIVES** ARE THE FOLLOWING:

- ✓ Facilitate and support a place of consultation and exchange for the organizations representing Montréal's senior population.
- ✓ Foster and support actions aimed at improving seniors' living standards.
- ✓ Pay special attention to the challenges affecting seniors from cultural communities.
- ✓ Collaborate with decision-making bodies, particularly at the local, municipal and regional level, in designing, planning and implementing policies and programs that have an impact on the quality of life of an aging population.
- ✓ Highlight the economic, social and cultural contribution of Montréal's senior citizens.

¹Le portrait de l'intervention municipale auprès des aînés. Fascicule 4 : Sécurité du milieu de vie des aînés. (2017, version non finale). À paraître. ²Idem ³Côté, Michelle et Benoît Dupont (dir.). 2014. Lecture de l'environnement du Service de police de la Ville de Montréal 2013. Service de police de Montréal/Centre de criminologie comparée, Montréal, 238p. ⁴Ordre professionnel des diététistes du Québec (2007). « Mémoire de l'Ordre professionnel des diététistes du Québec. Consultation publique sur les conditions de vie des personnes aînées : un défi à réussir ensemble ». ⁵Table de concertation des aînés de l'île de Montréal. (2017). Portrait des besoins des citoyens aînés de l'île de Montréal. Repéré à www.tcaim.org/doc/Portrait-des-citoyens-aînes-de-lile-de-Montreal.pdf ⁶Deglise, Fabien (2017, 13 janv.) «Déserts alimentaires à Montréal». Le Devoir (Montréal). Repéré à www.ledevoir.com/societe/127329/deserts-alimentaires-a-montreal

